

INSIDE: NEW MOUNTAIN BIKE GEAR

Pedal Power

WHETHER PEDALING ACROSS THE COUNTRY OR JUST AROUND THE BLOCK, WE'VE GOT A PLAN TO HELP YOU TAKE ON ANY TRAIL | **By Megan Michelson**

Long hours in the saddle are nothing new for professional mountain biker Chris Eatough. The 33-year-old, Maryland-based rider has won six straight World Solo 24-Hours of Adrenalin Championships. Clearly, he's the perfect source to help you become a stronger, more efficient rider as well. ▶

Eatough powers through a 24-hour race in the Moab desert.



